

MOUNT TOUBKAL TREK

6TH TO 10TH OCTOBER 2025

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READY FOR AN ADVENTURE OF A LIFETIME?

Join Ethar Relief's Mount Toubkal Trek and challenge yourself to summit North Africa's highest peak (Mount Toubkal is 4,167 m), all for a great cause!

Over five exhilarating days in Morocco's Atlas Mountains, you'll experience breathtaking views, vibrant local culture, and the camaraderie of trekking with a supportive group.

Best of all, every step you take supports Ethar Relief's humanitarian work with refugees in East Africa. Remember, **each participant aims to raise** *£*1,499 for those in need.



THRILLING ADVENTURE:

Conquer the highest peak in North Africa and test your limits on a guided high-altitude trek. It's a non-technical climb, suitable for keen walkers seeking a new challenge.

STUNNING VIEWS:

Enjoy panoramic vistas from the summit where on clear days you can even glimpse the Sahara Desert on the horizon. The sunrise over the Atlas Mountains is a sight you'll never forget.

CULTURAL EXPERIENCE:

Immerse yourself in Morocco's rich culture. Trek through Berber villages, experience warm local hospitality, and explore the vibrant city of Marrakech at the end of your journey.

GREAT COMPANY:

You won't be alone! Join a team of like-minded adventurers and make new friendships along the trail. Encourage each other, share laughter around camp, and celebrate your achievements together.

PURPOSE & IMPACT:

This is adventure with a purpose. By taking part, you'll be "trekking for good" and raising vital funds to support displaced communities and refugees in East Africa through Ethar Relief's projects.

5-DAY ITINERARY AT A GLANCE

DAY 1 (MON 6 OCT):

Arrival in Morocco. Land in Marrakech and meet your fellow trekkers. Transfer by road to the mountain village of Imlil in the High Atlas. Enjoy a welcome dinner and trip briefing, then rest up. The adventure begins!

DAY 2 (TUE 7 OCT):

Trek to Base Camp. Hike from Imlil (1,740m) up the Mizane Valley, passing stunning scenery. Reach the Toubkal Base Camp at (3,207m) and settle into the mountain refuge to prepare for the summit push ahead.

DAY 3 (WED 8 OCT):

Summit Mount Toubkal! Pre-dawn start with head torches to climb to Toubkal's summit (4,167 m). Experience an epic sunrise at the highest point in North Africa, marked by the iconic iron pyramid. After celebrating your victory and soaking in the views, descend back down to Imlil by late afternoon.

DAY 4 (THU 9 OCT):

Explore & Celebrate. Return to Marrakech. This day is for rest and exploration; wander the vibrant souks or simply relax after the trek. In the evening, enjoy a celebratory group dinner of delicious Moroccan cuisine and reflect on your achievement together.

DAY 5 (FRI 10 OCT):

Departure. Time to bid farewell to Morocco. Transfer to the airport for your flight home, filled with pride and a sense of achievement. You've summited Toubkal and made a difference for a great cause!

Note: Itinerary subject to minor changes depending on weather and conditions. Our guides will keep everyone safe and informed.

FITNESS & SUPPORT

FITNESS LEVEL:

This trek is a moderate challenge, achievable with some training and determination. You don't need to be an elite athlete, but a good base level of fitness is essential. We recommend training hikes and cardio prep before the trip, as you'll be trekking for several hours a day on mountain paths. If you're generally in good health and up for an adventure, you can do this!

GUIDES & SAFETY:

You'll be accompanied by experienced, professional mountain guides every step of the way. Our English-speaking local guides know the route inside-out and will set a comfortable pace, so no one is left behind. They handle all the logistics, monitor everyone's well-being, and provide encouragement and expertise (from first aid to local knowledge). Trek as a team with full support – your safety and success are our top priorities.

WHAT'S INCLUDED

ALL LOGISTICS COVERED:

We take care of your accommodation in Morocco (hotel in Marrakech and mountain lodge in Imlil), local transport (airport transfers and trek support), and main meals during the trek, so you can focus on the climb.

EXPERT GUIDES & CREW:

Friendly, licensed mountain guides and a support team (including porters/mule handlers) will be with you throughout the journey, ensuring a safe and enjoyable experience.

GROUP SUPPORT:

You'll be part of a small group of adventurers, supported by Ethar staff. Count on great camaraderie, encouragement, and the chance to make new friends as you conquer the mountain together.

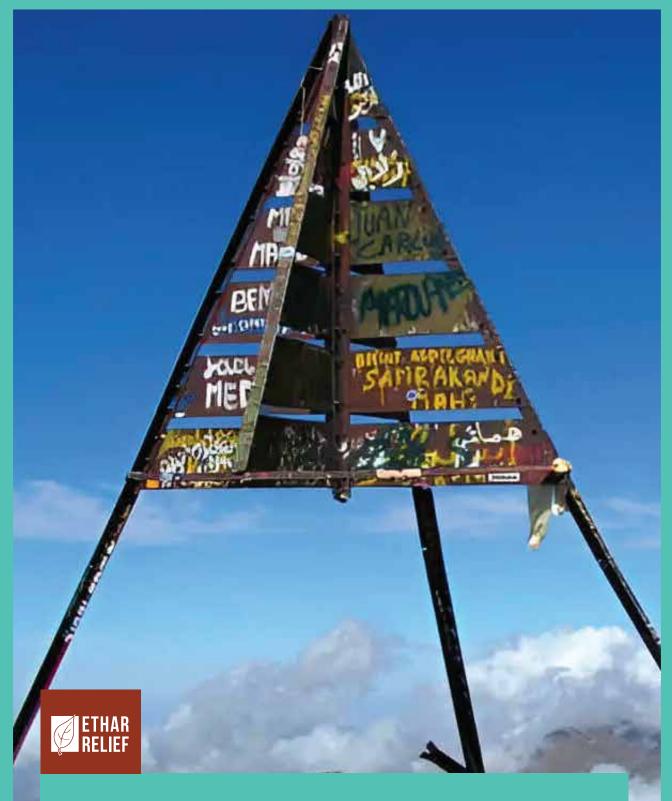
PRE-TREK SUPPORT:

Ethar Relief provides training tips, a detailed guide pack when you sign up, and fundraising support to help you reach **your £1,499** goal. You're not doing this alone - we'll be here to assist you from sign-up to summit.

UNFORGETTABLE EXPERIENCE:

From the thrill of the climb to the impact of the funds you raise, this challenge offers a once-in-a-lifetime experience and the satisfaction of doing something truly incredible for a good cause.

Ready to summit North Africa's highest peak for a powerful cause? Join us!



MOUNT TOUBKAL TREK



SCAN TO REGISTER

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UK Charity Registration : 1169308